

Sunnyhill Adventures Camp Packing Checklist

Please ensure that **ALL CLOTHING AND LINEN SENT WITH THE CAMPER IS CLEAN PRIOR TO ARRIVAL** and **ALL ITEMS ARE LABELED CLEARLY WITH THE CAMPER'S NAME**. Sunnyhill Adventures is not responsible for lost items.

- 1 waterproof poncho or jacket
- 1 jacket
- 7 full changes of clothing suitable for outdoor activities and remember to pack for hot weather (*please pack extra clothing if camper is prone to accidents*)
 - 7 bottoms (*at least 1 pair of long pants*)
 - 7 tops
 - 7 pairs of under garments
 - 7 pairs of socks
- 1 pair of comfortable walking shoes
- 2 sleeping outfits
- 2 towels
- Personal hygiene items
 - Shampoo
 - Conditioner
 - Soap/Bodywash
 - Tooth brush
 - Tooth paste
 - Deodorant
 - Hair brush
 - Lotion
 - Shaving razor (if needed)
- Depends; if applicable (day, night, and waterproof)
- 1 hat
- 1 swimsuit
- Sunglasses
- Water shoes to be worn in pool or water activities
- 1 flashlight
- 1 32oz waterproof drinking bottle
- 1 set of twin size bedding - 1 pillow, 1 fitted sheet and blanket or sleeping bag (*please pack extra if camper is prone to accidents*)
- 1 laundry bag
- 1 recent photo for identification
- Any necessary personal equipment (*glucometer, etc.*)
 - **Please label personal equipment and all components with the Participant's name**
- Personal medication **MUST BE IN ORIGINAL CONTAINER WITH CURRENT, LEGIBLE, UNALTERED DOSING INSTRUCTION.**

Optional Items: camera and games. The camp store is only open on Fridays during check-out; spending money should be brought to camp at that time.

DO NOT BRING: radio, tv, video games, food and snacks, expensive items, clothing of value, weapons, alcoholic beverages, drugs, pets, or sporting equipment.

Sunnyhill is not responsible for lost or stolen items.

Please call our Camp office if you have any questions.