

Recommendations for Licensed Medical Personnel  
FORM 2

Developed and reviewed by: American Camp Association,  
American Academy of Pediatrics Council on School Health, &  
Association of Camp Nurses

american **CAMP** association®

Mail this form to the address below 30 days before attending  
camp.

**Sunnyhill Adventures**  
**P.O. Box 246**  
**Dittmer, MO 63023**

To Parent(s)/Guardian(s): Complete this section and give this form (FORM 2) and a copy of your  
completed CAMPER HEALTH HISTORY FORM (FORM 1) to your child's health-care provider for review.

Dates will attend camp: from \_\_\_\_\_ to \_\_\_\_\_  
Month/Day/Year Month/Day/Year

Camper Name: \_\_\_\_\_  
First Middle Last

Male  Female Birth Date \_\_\_\_\_ Age on arrival at camp \_\_\_\_\_  
Month/Day/Year

Camper home address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Custodial parent(s)/guardian(s) phone: (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

Parent(s)/guardian(s) stop here. Rest of form to be completed by medical personnel.

The following non-prescription medications are commonly stocked in camp  
Health Centers and are used on an as needed basis to manage illness and  
injury. **Medical personnel: Cross out those items the camper should  
not be given.**

- |   |                                      |
|---|--------------------------------------|
| Acetaminophen (Tylenol)                           | Calamine lotion                      |
| Ibuprofen (Advil, Motrin)                         | Bismuth subsalicylate (Pepto-Bismol) |
| Phenylephrine (Sudafed PE)                        | Laxatives for constipation (Ex-Lax)  |
| Pseudoephedrine (Sudafed)                         | Hydrocortisone 1% cream              |
| Chlorpheniramine maleate                          | Topical antibiotic cream             |
| Guaifenesin                                       | Calamine lotion                      |
| Dextromethorphan                                  | Aloe                                 |
| Diphenhydramine (Benadryl)                        |                                      |
| Generic cough drops                               |                                      |
| Chloraseptic (Sore throat spray)                  |                                      |
| Lice shampoo or scabies cream<br>(Nix or Elimite) |                                      |

**Medical Personnel: Please review the CAMPER HEALTH HISTORY FORM  
(FORM 1) and complete all remaining sections of this form (FORM 2).  
Attach additional information if needed.**

**Physical exam done today:**  Yes  No (If "No," date of last physical: \_\_\_\_\_  
Month/Day/Year)

ACA accreditation standards specify physical exam within the last 24 months.

Weight: \_\_\_\_\_ lbs Height: \_\_\_\_\_ ft \_\_\_\_\_ in Blood Pressure \_\_\_\_\_ / \_\_\_\_\_

- Allergies:**  No Known Allergies
- To foods (*list*):
- To medications: (*list*):
- To the environment (*insect stings, hay fever, etc.— list*):
- Other allergies: (*list*):

**Describe previous reactions:**

**Diet, Nutrition:**  Eats a regular diet.  Has a medically prescribed meal plan or dietary restrictions: (describe below)

**The camper is undergoing treatment at this time for the following conditions: (describe below)**  None.

**Medication:**  No daily medications.  Will take the following prescribed medication(s) while at camp: (*name, dose, frequency—describe below*)

**Other treatments/therapies to be continued at camp: (describe below)**  None needed.

**Do you feel that the camper will require limitations or restrictions to activity while at camp?**  No  Yes  
*If you answered "Yes" to the question above, what do you recommend? (describe below—attach additional information if needed)*

**I have reviewed the CAMPER HEALTH HISTORY FORM (FORM 1), and have discussed the camp program with the camper's parent(s)/guardian(s). It is my opinion  
that the camper is physically and emotionally fit to participate in an active camp program (except as noted above.)**

Name of licensed provider (please print): \_\_\_\_\_ Signature: \_\_\_\_\_ Title: \_\_\_\_\_

Office Address \_\_\_\_\_  
Street City State Zip Code

Telephone: (\_\_\_\_) \_\_\_\_\_ Date: \_\_\_\_\_

Camper Name: \_\_\_\_\_  
(Camp Use) Cabin or Group \_\_\_\_\_  
(Camp Use) Session Code(s) \_\_\_\_\_